

Figure 1. Schematic representation of the experimental design. The figure shows a sequence of events from the start of the experiment to the end. The sequence is as follows: 1. Preparation of the experimental setup (10 min). 2. Baseline measurement (10 min). 3. Administration of the intervention (10 min). 4. Post-intervention measurement (10 min). 5. Follow-up measurement (10 min). 6. End of the experiment (10 min). The figure also shows the timing of the intervention and the measurement periods.

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